

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00	10:00	10:00	10:00	10:00	10:00	
<b>YOGA THERAPY</b> with a hammock Kadriya 90 min	<b>FUNCTIONAL YOGA</b> Yana 90 min	<b>PILATES</b> Olga 60 min	<b>FUNCTIONAL YOGA</b> Yana 90 min	<b>AERIAL YOGA</b> Irina 90 min	<b>YOGA THERAPY</b> with a hammock Kadriya 90 min	
	12:00		12:00	12:00		
	<b>PILATES</b> Dariya 60 min		<b>IYENGAR YOGA</b> Lyasan 90 min	<b>PILATES</b> Dariya 60 min	<b>KUNDALINI YOGA</b> Irina 90 min	
13:00	13:00	13:00			13:00	
<b>FLOW YOGA</b> Joanna 60 min	<b>AERIAL YOGA</b> Kadriya 60 min	<b>FLOW YOGA</b> Joanna 60 min			<b>ASHTANGA YOGA</b> Joanna 60 min	
14:00		14:00				
<b>YIN YOGA</b> Joanna 60 min		<b>YIN YOGA</b> Joanna 60 min				
16:00						16:00
<b>KUNDALINI YOGA</b> Irina 90 min						<b>PILATES</b> Lilia 60 min
						17:00
						<b>AERIAL YOGA</b> Lilia 60 min
18:30	18:30	18:30	18:30			
<b>AERIAL YOGA</b> Irina 60 min	<b>HATHA YOGA</b> Olga 60 min	<b>KUNDALINI YOGA</b> Irina 90 min	<b>HATHA YOGA</b> Olga 60 min			